



# FREE THETAN

Newsletter of the association of  
professional independent scientologists

*Preserve, Protect & Promote*

May 2017

Volume 8 Issue 5



**"... today, the bulk of the human race is walking around with the belief that there is something wrong somewhere, but they don't quite know what it is."**

**What It Means To Be A Scientologist**

**THE AUDITOR 36**

# FREE THETAN

Newsletter of the association of  
professional independent scientologists

*Preserve, Protect & Promote*

**FREE THETAN**  
**Volume 8 Issue 5 May 2017**

**Editor in Chief**  
Michael Moore

**Contributors**  
L. Ron Hubbard  
Michael Moore  
Sebastian Tombs  
Harry Seldon  
And many others

**Advertising**  
Technical Author Services Pty Ltd  
<http://authorservices.org>

The FREE THETAN is the monthly Newsletter of the Association of Professional Independent Scientologists. It is available as a free download from the APIS website or by subscription. The Association of Professional Independent Scientologists is the operating name of the International Freezone Association Inc, a duly registered non profit association registered in the State of Delaware, USA.

Website:  
[independent-scientologists-association.net](http://independent-scientologists-association.net)  
Email address:  
[support@internationalfreezone.net](mailto:support@internationalfreezone.net)

## Important

**In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.**

**The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.**

**Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.**

~o0o~

<b>The FREE THETA</b>	<p>The Members Quarterly Journal of the Association of professional Independent Scientologist</p> <p><i>Preserve, Protect &amp; Promote</i></p> <p><a href="http://independent-scientologists-association.net">http://independent-scientologists-association.net</a></p>	
		reservo, servo, proveho

## ~ *Editorial* ~



reservo, servo, proveho

**Dear Reader,**

Auditing may make one Clear. May improve ones abilities but it is training that will ensure that, this time, an individual can remain Clear and more capable as a being.

As Hubbard has pointed out;

“One of the great truths of Scientology is that increased awareness is the only factor which offers any road out. That is an awfully simple truth, but you'll find out that people don't know that. They think that less awareness is the road out—and that is the road down into the basement.”

—“What It Means to Be A Scientologist,” THE AUDITOR 36

Training and a resultant understanding of what constitutes man and the universe has been the missing factor in the past which has resulted in an endless downward spiral of awareness towards oblivion.

Getting trained, Acquiring an understanding of the parts of man and the formation and structure of the MEST universe will enhance a persons abilities and capabilities and reverse the downward spiral we are in.

Until next time.

Much arc,

Michael Moore  
Editor

~oo00oo~

## *The Aims of Scientology and APIS*

*Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.*

*We therefore stated below:*

### **The Aims of APIS**

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

### **As Ron says:**

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

## CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.  
[standardtechauditor@yahoo.ca](mailto:standardtechauditor@yahoo.ca)

### USA

Southern Cal tech Team

**Standard LRH Bridge**

Training, Auditing & C/Sing Specializing in OT and NOTs levels  
[scttservices@gmail.com](mailto:scttservices@gmail.com)

### Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear,  
[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors  
Auditing and C/Sing all old LRH Bridge  
[info@adcian@yahoo.com](mailto:info@adcian@yahoo.com)

Ingrid Smith

From Life repair to OT4

[ingridsmith123@yahoo.com](mailto:ingridsmith123@yahoo.com)

### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V  
[Ken Urquharturq@verizon.net](mailto:Ken_Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~





## LIFE AS A GAME

It is quite obvious that if anyone controlled everything he would have no game. There would be no unpredictable factors, no surprises in life. This might be said to be a Hell of considerable magnitude.

If one could control everything absolutely he would of course be able to predict everything absolutely. If he could predict the course and action of every motion in the entirety of existence he would of course have no real interest in it.

We have already looked at the necessity of controlling the immediate objects of work, but remember it is necessary, if one controls these immediate objects, to have other objects or

environments which one does not absolutely control. Why is this?

It is because life is a game.

The word “game” is used here advisedly. When one is mired down in the sometimes titanic struggle of existence he is apt to discount the fact that there is joy in living. He is apt to disbelieve that such a thing as fun can exist. Indeed people, when they reach into their thirties, begin to wonder what happened to their childhood when they actually could enjoy things. One begins to wonder if pleasure of living isn’t itself some sort of trap, and one begins to believe that it is not a good thing to become too interested in new people and new things, since these will only lead to heartbreak. There are men who have decided that in view of the fact that loss brings so much pain, they had better not acquire at all. It is far superior according to these to live a life of only medium privation than to live a life of considerable luxury, since then if they lost what they had the pain would be much less.

Life, however, is a game. It is very easy to see a game in terms of cricket or football. It is not so easy to see life as a game when one is forced to rise before the sun and reach his home only after it sets, after a day of arduous and relatively unthanked toil. One is likely to dispute that such an activity could be a game at all. Nevertheless it is obvious in various experiments which have been made in Scientology that life, no matter what its emotional tone or lack of it, is in essence a game and that the elements of life itself are the elements of games.

Any job is a game.

A game consists of freedoms, barriers and purposes. There are many more complicated factors involved in games, but these are all listed in Scientology. Primary amongst these is the necessity in a game to have an opponent or an enemy. Also a necessity is to have problems. Another necessity is to have sufficient individuality to cope with a situation. To live life fully, then, one must have, in addition to “something to do”, a higher purpose, and this purpose, to be a purpose at all, must have counter-purposes or purposes which prevent it

from occurring. One must have individualities which oppose the purpose or activities of one, and if one lacks these things it is certain that he will invent them.

This last is very important. If a person lacks problems, opponents and counterpurposes to his own, he will invent them. Here we have in essence the totality of aberration. But more intimately to our purposes we have the difficulties which arise from work.

If we had a foreman who capably controlled everything in his area and did nothing else, and if that foreman were not entirely mentally balanced in all ways (which is to say if he were human), we would find that foreman inventing personalities for the workers under him and reasons why they were opposing him and actual oppositions. We would find him selecting out one or more of his workmen to chastise, with, according to the foreman, very good reason, but in actuality without any further reason than that the foreman obsessively needed opponents.

Now very many involved classifications can be read into this by ancient mental analyzes but none of these need to be examined. The truth of the matter is that a man must have a game and if he does not have one he will make one. If that man is aberrated and not entirely competent he

will make an intensely aberrated game.

Where an executive finds all running far too smoothly in his immediate vicinity he is likely to cause some trouble just to have something to do -unless that executive is in very good mental condition indeed. Thus we have management pretending, often without any actual basis in fact, that labor is against it. Similarly, we occasionally have labor certain that management, which is in fact quite competent, is against labor. Here we have invented a game where no game can actually exist.

When men become very short-sighted they cannot look actually beyond their own environment. There is in any office, plant, or activity the game of the office, plant or activity itself versus its competitors and versus its outer envi-

ronment. If that office, plant or activity and all the personnel within it are conducting themselves on a wholly rational and effective basis they choose the outside world and other rival concerns for their game. If they are not up to par and are incapable of seeing the real game they will make up a game and the game will begin to be played inside the office and inside the plant.

In playing games one has individuals and teams. Teams play against teams; individuals play against individuals. When an individual is not permitted to be fully a part of the team he is apt to choose other members of the team as his opponents for, remember, man must have a game.

Out of all these complexities come the various complexities of work and the problems of production and communication.

If everybody in a plant were able to control his own sphere of interest in that plant and if everybody in the plant were doing his own job, there would actually be no lack of game, for there are other plants, other activities in the outside world and these always furnish game enough for any rational organization. But supposing the people in an organization cannot control their own sphere, cannot control their own activities, and are obsessively attempting to create aberrated games all about them. Then we would have a condition whereby the plant, office or concern would not be able to effectively fight its environment and would produce poorly, if not collapse.

Aberrated or not aberrated, competent or not competent, remember, life is a game and the motto of any individual or team alive is, "There must be a game." If individuals are in good mental and physical condition they actually play the game which is obvious and in plain sight. If they are not in good condition and if they are themselves incapable of controlling their own immediate environment, they will begin to play games with their tools. Here the machinist will find his machine suddenly incapable of producing. One would not go so far as

to say that he will actually break the machine so that he can have a game with it, but he will be in a mild state of fury regarding that machinery continually. The bookkeeper, unable to control his immediate tools of trade and not well-fitted into his concern, will begin to play a game with his own figures and will fail to get balances. His adding machine will break down, his papers will get lost and other things will occur under his immediate nose which never should happen, and if he were in good shape and could play the actual game of keeping other people in the plant straight so far as their accounts and figures are concerned, he would be efficient.

Efficiency, then, could be defined as the ability to play the game to hand. Inefficiency could be defined as an inability to play the game to hand, with a necessity to invent games with things which one should actually be able to control with ease.

This sounds almost too simple, but unfortunately for the professors that try to make things complicated, it is just that simple. Of course there are a number of ways men can become too aberrated. That is not the subject of this book. The subject of this book is work.

Now realizing that life must be a game, one should realize that there is a limit to the area one would control and still retain an interest in life. Interest is mainly kindled by the unpredictable. Control is important. Uncontrol is, if anything, even more important. To actually handle a machine perfectly one must be willing to control it or not to control it. When control itself becomes obsessive we begin to find things wrong with it. The individual who absolutely has to control everything in sight is upsetting to all of us and this individual is why we have begun to find things wrong with control. It sounds very strange to say that uncontrol must also be under control, but this is, in essence, true. One must be willing to leave certain parts of the world uncontrolled. If he cannot, he rapidly drops downscale and gets into a situation where he is obsessively attempting to

control things which he never will be able to control and thus renders himself unhappy, begins to doubt his ability to control those things which he actually should be able to control and so at length loses his ability to control anything. And this, in essence, is what in Scientology we call the dwindling spiral of control.

There are mental factors which we will not discuss here, which tend to accumulate the failure to control to a point where one is no longer confident of his ability to control. The truth of the matter is an individual actually desires to have some part of life uncontrolled. When this part of life hurts him sufficiently he then resigns himself to the necessity of controlling it and so makes himself relatively unhappy if he never will be able to do so. A game consists of freedom, barriers and purposes. It also consists of control and uncontrol.

An opponent in a game must be an uncontrolled factor. Otherwise one would know exactly where the game was going and how it would end and it would not be a game at all.

Where one football team would be totally capable of controlling the other football team, we have no football game. This is a matter of no contest. There would be no joy or sport in playing that game of football. Now if a football player has been seriously injured playing football, a new unknowing factor enters into football for him. This injury lodges in what we call the "reactive mind". It is a mind which is unseen and which works all the time. One normally works on what we call the "analytical mind" and this we know all about. Anything that we have forgotten or moments of unconsciousness and pain become locked away in the reactive mind and are then capable of reacting upon the individual in such a way as to make him refrain from doing something which was once dangerous. While this is a rather technical subject it is nevertheless necessary to understand that one's past has a tendency to accumulate and victimize one in the future.

Thus, in the case of the football player, while he plays football he is apt to be restimulated or



react from the old injury received in football and so feels less than a spirit of fun while playing football. He becomes anxious. He becomes very grim on the subject of football and this is expressed by an effort to actively control the players on another team so that they will not injure him again.

In a motorcycle race a famous motorcycle rider was injured. Two weeks later in another race we find this motorcycle rider falling out on the fifth lap without injury or incident but simply pulling over into the pits. He did this immediately after a motorcycle swerved close to him. He recognized at once that he was unable to control that motorcycle. He felt then incapable of controlling his own motorcycle and so knew one thing -- he had to get out of that race. And just as this motorcycle rider abandoned that race, so all of us at one time or another have abandoned sections of life.

Now, up to the time he had that accident the motorcycle rider was perfectly willing to not control any other motorcycle on the track save his own. He did not worry about these other motorcycles since they had never injured

him and the motorcycle racing game was still a game to him. However, during the accident there was a moment when he sought to control another motorcycle than his own and another rider. He failed in that effort. Thus in his "reactive mind" there is an actual mental image picture of his failing to control a motorcycle. Thus in future racing he is less competent. He is afraid of his own machine. He has identified his own

machine with somebody else's machine. This is a failure of control.

Now, in order to become a good motorcycle racer again this man would have to resume his attitude of carelessness regarding the control of the other machines and riders on the track and reassume his own ability to control his own machine. If he were able to do this he would become once more a daring, efficient and winning motorcycle rider demonstrating great competence. Only a Scientology practitioner could put him back into this condition -- and a Scientology practitioner would be able to do this probably in a very few hours. This, however, is not a textbook on how to eradicate



## FREE THETA

**The voice of independent  
Scientologists with  
Exciting articles by  
source and well known  
and well respected  
individuals. Regular  
favourite features.  
Available to APIS  
Members only.  
Join APIS Today!**

<http://independent-scientologists-association.net>



former ills, but an explanation of why men become incompetent in the handling of their immediate tools of trade. These men have attempted to leave uncontrolled all the world around them up to the moment when the world around them hurt them. They then conceived the idea that they should control more than their own jobs. They failed to control more than their own jobs and were instantly convinced that they were incapable of controlling something. This is quite different than leaving things uncontrolled. To be capable of controlling things and to be capable of leaving things uncontrolled are both necessary to a good life and doing a good job. To become convinced that one cannot control something is an entirely different thing.

The whole feeling of self-confidence and competence actually derives from one's ability to control or leave uncontrolled the various items and people in his surroundings. When he becomes obsessed with a necessity to control something rather beyond his sphere of control, he is disabused of his ability to control those things close to him. A person eventually gets into a state of mind where he cannot pay any attention at all to his own job but can only reach out

into the outer environment and seek, effectively or otherwise, to stop, start or change things which have in reality very little to do with his own job. Here we have the agitator, the inefficient worker, the individual who is going to fail. He is going to fail because he has failed at some time in the past.

This is not quite as hopeless as it looks because it takes actual physical injury and very heavy duress to make an individual feel that he is incapable of controlling things. The day-to-day handling of machinery is not what deteriorates one's ability to work or handle life. It is not true that one gets old and tired and his ability to do things wears out. It is true that one becomes

injured in sudden, short moments and thereafter carries that injury into his future work and

the

injury is what causes him to deteriorate. The eradication of the injury brings him back to an ability to control his own environment.

The entire subject of work, then, brings us to the value of uncontrol. A machinist doing a good job should be able to relax as far as his machine is concerned. He should be able to let it run or not let it run, to start it or not to start it, to stop it or not to stop it. If he can do these things, all with confidence and a calm state of mind, he can then handle that machine and it will be discovered that the machine will run well for him

Now let us say the machine bites him, he hurts his hand in it, some other worker jostles against him at the wrong moment, some tool given to him is defective and shatters. An actual physical pain enters into the situation. He tends to fall away from the machine. He tends then to concentrate much more heavily on the machine than he should. He is no longer willing to leave it uncontrolled. When he is working with that machine he must control it. Now as he has entered duress into this situation and as he is already anxious about it, it is fairly certain that the machine will hurt him again. This gives him a second injury and with this injury he feels an even stronger urge to control the machine. You see, during the moments of injury the machine was out of control. Now while out-of-control is a game condition, it is not desired or welcome to this particular machinist. Eventually, it is certain he will look upon this machine as some sort of a demon. He will, you might say, run the machine all day and at night while asleep run it too. He will spend his week-ends and his holidays still running that machine. Eventually he will not be able to stand the sight of that machine and will flinch at the idea of working it a moment longer.

This picture becomes slightly complicated by the fact that it is not always the injury delivered to him by his own particular machine which causes him to feel anxious about machinery. A man who has been in an automobile

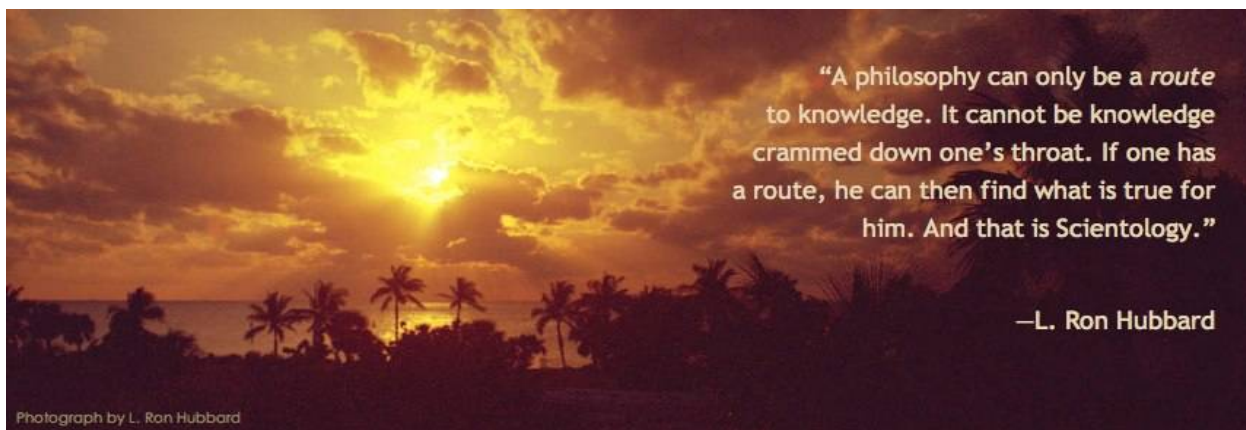
accident may return to the working of a machine with considerable qualms about machines in general. He begins to identify his own machine with other machines and all machines become the same machine and that is the machine that hurt him.

There are other conditions which enter into lighter phases of work. In the matter of a clerk we may have a circumstance where he is ill from some other area than his area of work and yet, because he has little time off, is forced to work, sick or not. The tools of his own work, his filing cabinets or his pens or his books or the very room, become identified with his feeling of sickness and he feels that these, too, have bitten him. Thus he becomes obsessed in his control of them and actually degenerates in his ability to control them just as the machinist does. Even though these tools have not actually injured him he associates them with being injured. In other words, he identifies his own sickness with the work he is doing. Thus even a clerk whose tools of trade are not particularly dangerous can become upset about his tools of trade and can first exert enormous control over them on an obsessed basis and at length abandon any control of them and feel he would rather be beaten than do an instant's more work

in his particular sphere.

One of the ways of getting over such a condition is simply to touch or handle one's various tools of trade and the surroundings in which he works. If a man were to go all the way around an office in which he had worked for years and touch the walls and window ledges and the equipment of tables and desks and chairs, ascertaining carefully the feel of each one, carefully locating each one with regard to the walls and other items in the room, he would feel much better about the entire room. He would be, in essence, moving himself from a moment of time where he was sick or injured, up to present time. The maxim here is that one must do one's work in present time. One must not continue to work in old moments of injury. If acquaintance with one's tools, or touching one's tools of the trade and discovering exactly where and how they are, is so beneficial, then what would be the mechanism behind this? We will leave until later in this book some drills and exercises calculated to rehabilitate one's ability to work, and look for a moment at this new factor.

~oo00oo~



## GOLD CENTURY PRESS

Quality Books for the  
New Century

Publishers to Scientologists Everywhere

[Gold Century Press](http://www.goldcenturypress.com)

[illegible]

**RELEASE:** a person who is on the road to processing. Also, once processed, a clear is a biding issue, through Scientology and Dianetics processing, is able to form the best possible indications for what the data has and from his viewpoint.

**RELEASE:** the term for what occurs when a person separates from his reactive mind or scene part of it. The degree and relative permanence of the release, and the nature of the release, are the state of Release. There are a number of states or stages of Release and these are called Grades.

**SCIENTOLOGY:** Scientology philosophy. It is the study and handling of the spirit in relationship to the body, mind, and environment. It is a new science, "knowing in the fullest sense of the word" and logic. "Study" in itself the word means: *intensely knowing how to know.* Scientology is a "way of knowing" that is the most direct, sensitive type of knowledge. Through its drills



## **A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard**

### **Exercises One, Two and Three**

#### **Exercise One**

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### **Exercise Two**

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~



## Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State  
Not Know  
Know About  
Look  
Emotion  
Effort  
Think  
Symbols  
Eat  
Sex  
Mystery  
Wait  
Unconscious**



## THE MAN WHO SUCCEEDS

The conditions of success are few and easily stated.

Jobs are not held consistently and in actuality by flukes of fate or fortune. Those who depend upon luck generally experience bad luck. The ability to hold a job depends in the main upon ability. One must be able to control his work and must be able to be controlled in doing his work. One must be able, as well, to leave certain areas uncontrolled. One's intelligence is directly related to his ability. There is no such thing as being too smart. But there is such a thing as being too stupid.

But one may be both able and intelligent without succeeding. A vital part of success is the ability to handle and control, not only one's tools of the trade, but the people with whom one is surrounded. In order to do this one must be capable of a very high level of affinity, he must be able to tolerate massive realities and he must also be able to give and receive communication.

The ingredients of success are then: First an

ability to confront work with joy and not honor; a wish to do work for its own sake, not because one "has to have a pay-check". One must be able to work without driving oneself or experiencing deep depths of exhausted. If one experiences these things there is something wrong with him. There is some element in his environment that he should be controlling that he isn't controlling, or his accumulated injuries are such as to make him shy away from all people and masses with whom he should be in intimate contact.

The ingredients of successful work are: training and experience in the subject being addressed, good general intelligence and ability, a capability of high affinity, a tolerance of reality, and the ability to communicate and receive ideas. Given these things there is left only a slim chance of failure. Given these things a man can ignore all of the accidents of birth, marriage or fortune, for birth, marriage and fortune are not capable of placing these necessary ingredients in one's hands. One could have all the money in the world and yet be unable to perform an hour's honest labor. Such a man would be a miserably unhappy one. The person who studiously avoids work usually works far longer and far harder than the man who pleasantly confronts it and does it. Men who cannot work are not happy men. Work is the stable datum of this society. Without something to do there is nothing for which to live. A man who cannot work is as good as dead and usually prefers death and works to achieve it.

The mysteries of life are not today, with Scientology, very mysterious. Mystery is not a needful ingredient. Only the very aberrated man desires to have vast secrets held away from him. Scientology has slashed through many of the complexities which have been erected for men and has bared the core of these problems. Scientology for the first time in Man's history can predictably raise intelligence, increase ability, bring about a return of the ability to play a game, and permits Man to escape from

the dwindling spiral of his own disabilities. Therefore work itself can become a game, a pleasant and happy thing.

There is one thing which has been learned in Scientology which is very important to the state of mind of the workman. One very often feels in his society that he is working for the immediate pay-check and that he does not gain for the whole society anything of any importance. He does not know several things. One of these is how few good workmen are. On the level of executives, it is interesting to note how precious any large company finds a man who can handle and control jobs and men really is. Such people are rare. All the empty space in the structure of this work-a-day world is at the top.

And there is another thing which is quite important, and that is the fact that the world today has been led to believe, by mental philosophies calculated to betray them, that when one is dead it is all over and done with and that one has no further responsibility for anything. It is highly doubtful if this is true. One inherits tomorrow what he died out of yesterday.

Another thing we know is that men are not dispensable. It is a mechanism of old philosophies to tell men that if they think they are indispen-

sable they should go down to the graveyard and take a look -- those men were indispensable too. This is the surest foolishness. If you really looked carefully in the graveyard you would find the machinist who set the models going in yesteryear and without whom there would be no industry today. It is doubtful if such a feat is being performed just now. A workman is not just a workman. A laborer is not just a laborer. An office worker is not just an office worker. They are living, breathing, important pillars on which the entire structure of our civilization is erected. They are not cogs in a mighty machine. They are the machine itself.

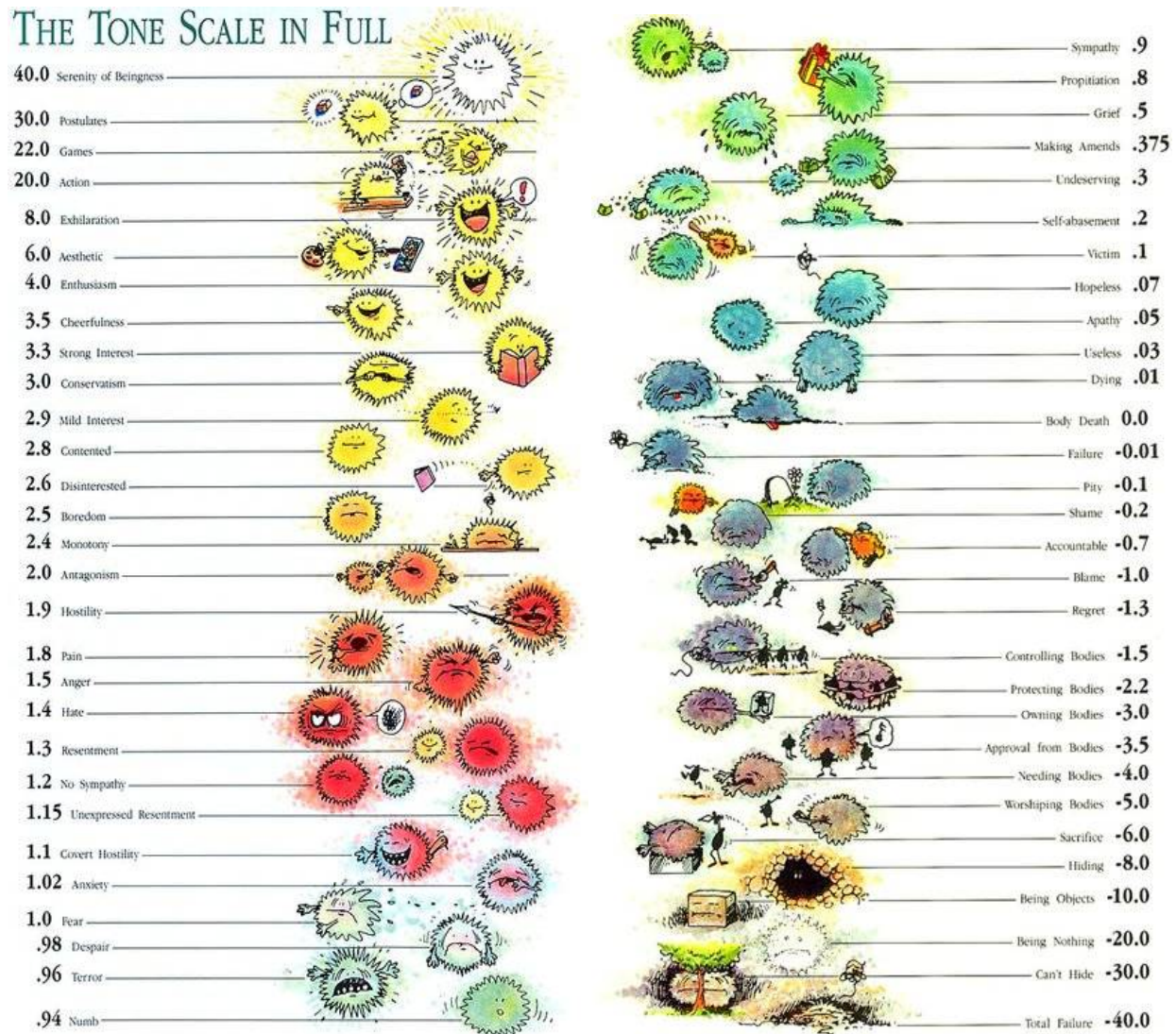
We have come to a low level of the ability to work. Offices depend very often on no more than one or two men, and the additional staffs seem to add only complexity to the activities of the scene. Countries move forward on the production of just a few factories. It is as though the world were being held together by a handful of desperate men who by working themselves to death may keep the rest of the world going, but again they may not.

~oo00oo~





## The Tone Scale in Full



### The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics



## Wins and Successes in the Scientology Independent Field

**Review Auditing** I cannot tell you how freeing it was to clean up so much bypassed charge that has been on my case FOREVER!!!

I have addressed and handled everything I wanted to handle. I have never had that experience where I felt like the auditing was just for me, except for maybe since the 70's. I really want to thank my auditor and C/S for the excellent attention to my case and ME!!!

### **NED Drug Rundown**

#### **Pop Goes The World**

It's been a month since I completed my NED Drug rundown in January 2017, with the help of my auditor Chris and I felt the need to put a few wins down in writing.

NED was amazing. I really had fun. It was very different than the Grades. I had audited

some Book 1 in 1991 but never got NED, it's a whole other beast and it's so fast!

I recall uttering these exact words at the end of the very last process of the Rundown:

"I am in complete present time. The whole world is communicating to me."

Well, I'm still here and the world is still communicating to me! LOL It really is.

The ripple effects have been quite something. Here are the main wins:

1. Theta attracts theta. Theta also can disinturbulate areas quickly. I am finding that when someone is upset around me, they apologize and start calming down. Or they get upset and they calm down.
2. The world around me is popping. Sounds, sights, smells – everything. The sky was always blue, the computer was always the computer, the brick wall was always the brick



wall, but somehow a fog that surrounded me has been lifted and everything is crisp and Pop Goes The World.

3. People are more interesting to me now. So I put down my phone a lot more, I am curious about them, I notice them, they are there, with me, NOW, we communicate. I think before that the other beings were again always “over there”, the ARC was never this high.

4. I went from drinking 3-4 caffeinated coffees a day to the occasional decaf only and instead replacing the caffeine with blended juices every day, fruits and vegetables and my body is thinking me for it. I am making such better choices about what goes in the body.

5. I am calmer, happier, more energetic, more focused on goals and I am getting offers from people, like this one last week at work: “Hey we are doing a 3 minute video but we need someone to narrate the video and do the voice-over. We discussed with management and we picked you and we think you’d be perfect.” Keep in mind 300 people work with me, they could have picked anyone. I had the voice-over done in 7 minutes with everyone smiling and amazed at the high quality voice delivery that was done “with a lot of life” they said. I’m so excited about the future on all dynamics. I just see a great future with pleasant surprises and challenges and unknowns and I’m all in.

### **Grades**

I feel an enormous weight has lifted off my shoulders. I feel it when I walk, as I put my step on the ground, as I lift my step off the ground, as I look at people, life has become easy and joyful. It takes effort to create and maintain a problem, and it takes a lot of significance to make it worth maintaining.

I have a lot of energy, I feel free, I enjoy life, it is more than I have even hoped to get from doing the Bridge. The best part of it - the Universe is cooperating! lol

Thank you. I feel grateful, and excited for the future!

Addendum:

The other day I was walking down the street during my lunch break. I was reviewing my Grade I gains and thinking of what I would write in a success story, but then I had this win.

This is my win - and my eyes are watering again: whatever is left there to be, that space that I inhabit, that beingness there is good, and I can trust myself to do the right thing and act with ARC, and - this is difficult to say - it is not necessary to hold myself hostage and imprisoned.

I see how lifetimes of hitting and maiming and subduing and raping and fucking made me feel I am becoming the scum of earth, and how the fix was to turn my life around, clean up my act

and saint-ify :))) That part of my past needed burying under a heavy stone. Except I did Grade I and I shook off the stone, I never expected to find out this – a true mystery with an almost magical power and significance, and a shocking, yet beautiful outcome. A part of me was buried there, a part that I now have admiration for and I welcome back to the inner true self.

There are many changes that I see from this.

You can see how my Grade I success story looked more like an afterthought - this is the real story.

I can go on and on a lot with changes that I am experiencing, I figure they will clean up and stabilize with Grade II.

As amazing and extraordinary as the Grade I wins felt - this win feels like I broke through to the other side of the mountain, or broke the Sisyphus' chains, or got reborn in a new universe - better than I thought ever possible to experience.

What were you saying, there is more to do on the Bridge?!

### **Grade II**

It’s so great to attest to Grade II and be free of the hostilities and sufferings of life. This grade is particularly freeing because I had a lot of overts that I had committed and was withhold-

ing. They kept me in my own personal hell here on Earth!!

I now have the ability to spot this in myself and others, and I have no desire to commit overts or be less than whole. My life has become a reality demo of postulates working, cycles completed, and games of my choosing being won.

I'd like to thank Ingrid for her steadfast and excellent auditing ability and her loyalty to Standard Tech. I'd also like to acknowledge Ron for having the guts to organize and share the Tech with the World

### Purification Rundown

"The wins that I experienced during Purif were surprising and some were honestly breathtaking and I can say that they have changed my space a little bit in terms how I view certain things and myself, permanently. It was a journey of self discovery like the whole bridge is and I discovered and felt many things that are difficult to put into words, but I'll try.

What I learned is that the way you treat your body and yourself (spirit) go hand in hand.

There were many moments when I was in the sauna where I felt more deeply connected to a

higher part of myself than ever before. The more I got rid of toxins and the cleaner I felt inside, the more I felt I had more reach on the outside and I can express myself more directly without using vias. Also I connected with my body and as-is-ed my body more than before and that felt good.

There was a moment where I felt a deep understanding regarding why we key in and why we don't achieve our goals/struggle etc is because of overts, and we have a deep down desire to be good. To do good. And that desire, though it may be deep deep down, is unbelievably strong and present. After I experienced this cog, I felt beauty around me, an overwhelming beauty, so powerful that I began crying tears of joy and of happiness and I felt so much gratitude and I felt so present I didn't know what was happening I've never been in present time, SO much in present time it was so strong I couldn't contain it and I felt even more connected with myself and with others for a brief moment. It was so splendid and I felt like granting beingness to everyone around me.

~oo00oo~




The Members Quarterly Journal of the  
Association of professional Independent Scientologist

*Preserve, Protect & Promote*

<http://independent-scientologists-association.net>




reservo, servo, proveho



**A TRIBUTE TO MARY SUE HUBBARD**

*Wife of L. Ron Hubbard*

*Remembered with Respect and Honor*



## PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself  
And when you lose that you have lost everything.

What is personal integrity?  
Personal integrity is knowing what you know-  
What you know is what you know-  
And to have the courage to know and say what you have observed.  
And that is integrity  
And there is no other integrity.

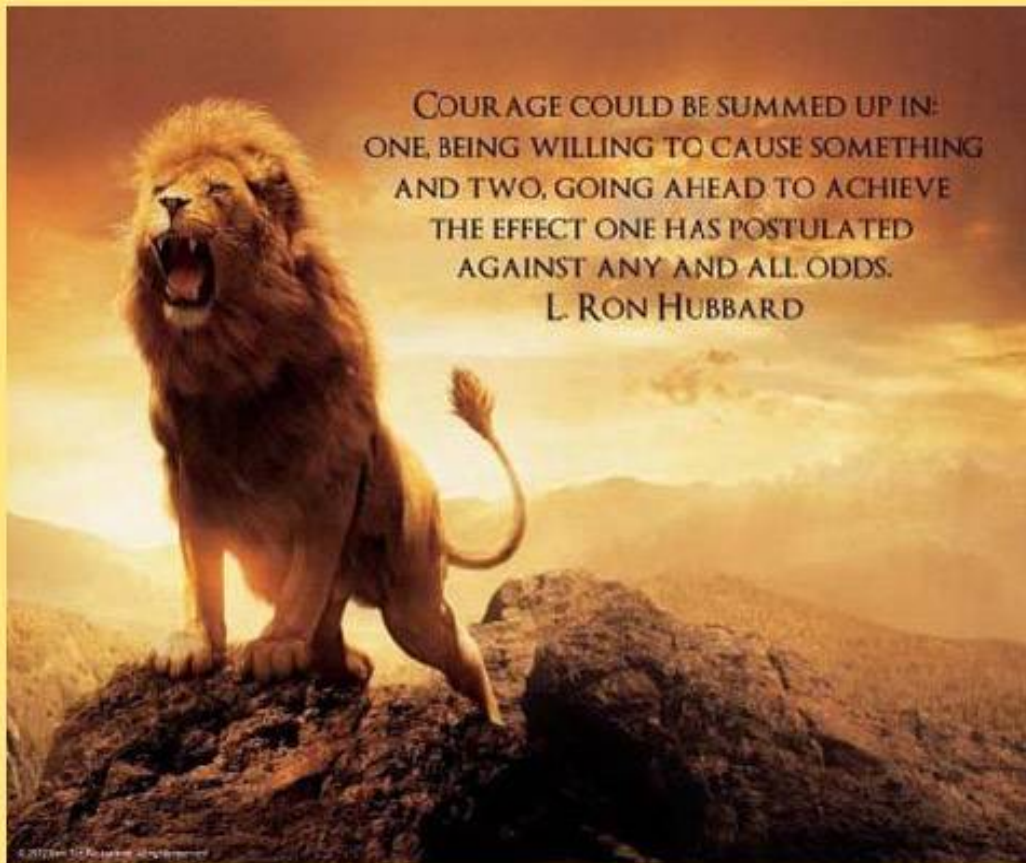
Of course we can talk about honor, truth, all these things,  
The esoteric terms.  
But I think they'd all be covered very well  
If what we really observed was what we observed,  
That we took care to observe what we were observing,  
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,  
A critical attitude or an open mind.  
But certainly maintaining sufficient personal integrity  
And sufficient personal belief and confidence in self  
And courage that we can observe what we observe  
And say what we have observed.

Nothing in Dianetics and Scientology is true for you  
Unless you have observed it  
And it is true according to your observation.  
That is all.

L. Ron Hubbard

# Group Starter Kit for Scientologists




## A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

**Get your Free Group Starter Kit today!**

**<http://independent-scientologists-association.net/start-a-group.shtml>**

Copyright © 2017 ALL RIGHTS RESERVED Association of Professional Independent Scientologists.



***Quote from  
L. Ron Hubbard***

## **THE CODE OF HONOUR**

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.



## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



***Join The Association  
of Professional Independent  
Scientologists today and  
make a difference to your life!***

**[http://independent-scientologists-  
association.net](http://independent-scientologists-association.net)**

# **Regain your ABILITY and POWER as a Thetan**

**by L. Ron Hubbard**

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make something continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

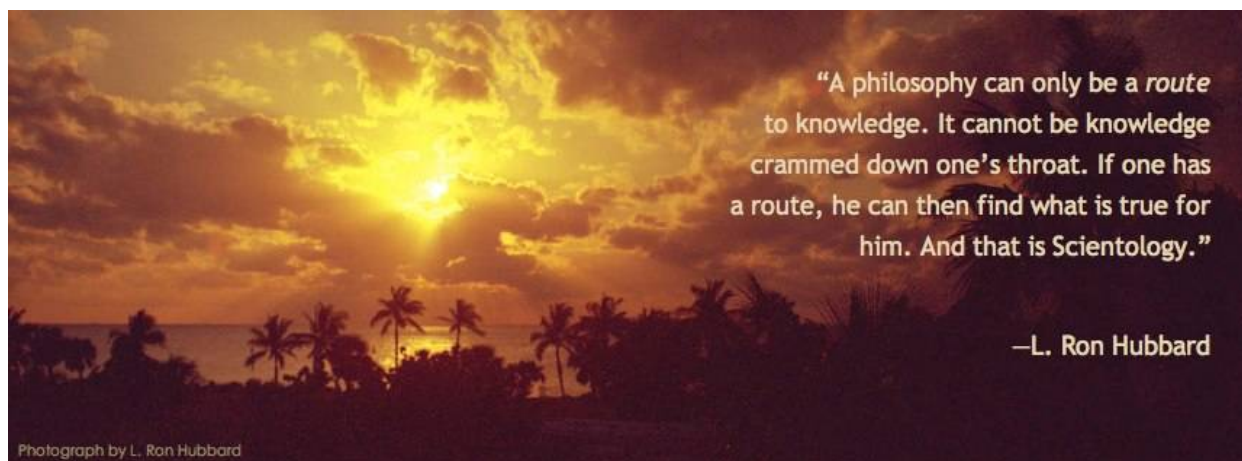
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



Copyright © 1964, 1973 by L. Ron Hubbard. All rights reserved. Scientology is an applied religious philosophy. The Church of Scientology is a non-profit organization.



This Newsletter is provided subject to the condition that it shall not be circulated in any form without the publisher's cover and acknowledgement of the material contained herein and is not to be sold, hired or otherwise disposed of for any fee or consideration. It may be freely distributed online and passed along only in its current form and with the above proviso.

Comments and articles published in the FREE THETAN are not necessarily the opinions of the Publishers or Editors and are offered solely for information purposes only and any and all articles, comments, editorials in this journal are not to be considered or construed as 'source' material issued from L. Ron Hubbard, excepting the fair use quotes as used from the works of L. Ron Hubbard.

The Association of Professional Independent Scientologists is a non-profit association dedicated to the promotion and expansion of the workable philosophy of Lafayette Ronald Hubbard. It is independently operated by independent scientologists who are exercising their right to free religious expression and practice and is not associated with, endorsed by or affiliated with the Church of Scientology, its affiliates, corporations management organizations, groups, CST or the RTC.

This publication is designed to provide accurate and informative information only in regard to the subject matter covered. This publication does not purport to offer any professional advice of any legal, financial or psychological service and is issued with the understanding that the publisher, editor and contributors are not engaged in rendering any legal, financial, psychological or any other professional service and is offered for information purposes only. If any legal, financial, psychological or any other professional advice or assistance is required, the services of a competent professional person should be sought. The reader is solely responsible for his or her own actions.

Copyright © 2016 By the International Freezone Association Inc. operating as the Association of Professional Independent Scientologists. All Rights Reserved.

All copyrights and trademarks belong to their respective owners

~oo00oo~

